

Airport - Alta Canyon - Bountiful - Cottonwood - Downtown - Dug way - Foothill - Heber - Holladay - Kearns - Lehi - Magna



BRANCH 111 N.A.L.C.
"THE WASATCH BRANCH"

Pavement Pounder

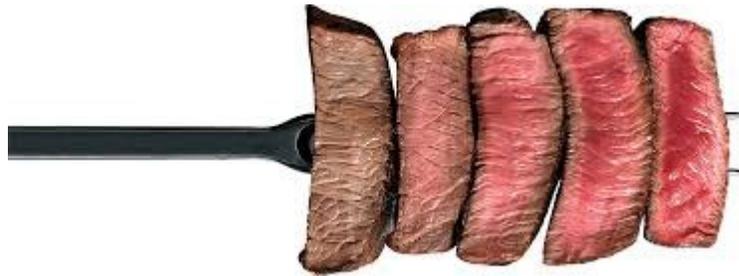
Midvale - Millcreek - Murray - Northwest - Orem - Sandy - South Salt Lake - Sugarhouse - Tooele - West Jordan - West Valley

August 2021

Publication 2021.8

Branch 111's Annual

Steak Fry



Where: Willow Pond Park Pavilion

6059 S. Murray Parkway Avenue

When: August 28th, 2021 at 6:00 PM

Cost: \$10.00 Per Person (Limit 2 tickets per member)

Serving: Steak, Corn-on-the-cob, Dutch Oven Potatoes, Salad, Rolls, Cobbler-Ala-Mode

Music, Door Prizes, and Games....and of course, all the soda you can drink.

Buy Your Tickets Online at

[www.branch111.com!](http://www.branch111.com)

Just click on: Donations, Purchases, & Payments

The President's Report **Beat the Heat**

With the record temperatures we have been experiencing, I think most of the officers will be writing about heat related issues this month. This year has been hotter, and the heat has arrived earlier, than any year I can remember.

In the 1990's, I was carrying mail in Sugarhouse, and I was in my 20's. During my 20's, I thought that I was invincible. Thinking that way led to me to have a serious heat-related injury in the mid-1990's. On one particularly hot July day, I suffered what I believe to have been heat-exhaustion. At about 3:00PM, I realized that I was extremely nauseated, I was feeling disoriented, and I had stopped sweating. I drove to a seven-eleven to get a "Big-Gulp", thinking that would cool me down, but when I returned to my route, I felt even worse. For the first time in my career, I felt like I couldn't continue. I drove back to the Post Office, and had trouble even making the drive back. I stumbled into the Post Office and found my supervisor. I told him that I was feeling sick, and that I didn't think I could continue, nor did I have the strength to empty my vehicle. He told me that he didn't have any help and that I would need to go back out and finish my route. At this point, I turned around and started throwing up in his garbage can (that was pretty much all the good that "Big-Gulp" had done me). I was feeling weak at this point, so I slumped into a chair in front of his desk. He must have realized that I was seriously ill at this point, so he mandated another carrier to finish my route, then he asked me if I needed to lie down. I was pretty out of it, but I said yes. He helped me up, and kind of shoulder-lifted me so that I could walk, and we walked back into the conference room (back in those days there was a conference room in Sugarhouse). He helped me up onto the conference room table, and I stretched out on it, and lost consciousness. I have no idea how long I was sleeping on that table, but when I woke up, the building was dark and empty, and I realized that everyone had gone home and it was the middle of the night (Seriously, my supervisor had completely forgotten about me!). The gates were locked, and I had to climb the fence to get to my car. I ended up calling in sick for the next few days, much to the chagrin of my supervisor, who kept telling me how short-staffed the office was. I told him that I really didn't know what was wrong with me, but I just couldn't get out of bed. Years later, I would learn the symptoms of heat-related illness and put the pieces together to realize that I had suffered at the very least "heat exhaustion", and at the very worst "heat stroke".

So lets go over the symptoms of heat-related illness (from the July 2019 Postal Record:

Heat exhaustion: symptoms include headache, nausea, dizziness, weakness, thirst and heavy sweating. It can turn into heat stroke quickly if immediate action is not taken.

Heat stroke: Symptoms include: confusion, fainting, seizures, very high body temperature, and hot, dry skin or profuse sweating. The visible signs of heat stroke are red, hot, dry skin, or excessive sweating, seizures and fainting.

******Heat Stroke is the most serious heat-related illness and requires immediate medical attention.***

Don't hesitate to take action if you see the signs of heat stress in yourself or a colleague. Find shade or a cool place indoors, drink water, and notify your supervisor or call 911 if necessary. A useful tool for workers dealing with heat is available right on your smartphone. Simply download and install the Occupational Safety and Health Administration (OSHA) and the National Institute of Occupational Safety and Health (NIOSH)'s Heat Safety Tool Smartphone App. Once the app is installed, it can detect your location and provide you with the current temperature, humidity and heat index (combination of temperature and humidity). It also will provide the expected heat index for the balance of the workday.

What can we do to prevent heat-related illness?

From Osha we read: Remind workers to drink small amounts of water often (before they become thirsty). A good rule of thumb is to drink about 4 cups of water every hour when the heat index suggests a moderate [or high] risk level. And this hydration should start before the Carrier leaves for the street.

Also, wear sunscreen or sunblock (sunburnt skin loses that ability to release excess heat, making the body more susceptible to heat related illness. And acclimatize new and returning workers. Many heat-related illnesses happen to new CCA's or employees who have just returned from a long absence, and thus have not had the chance to get used to the heat before starting long days on the street, in the heat.

Manny Peralta (the NALC Director of Safety) stated: "If the heat is getting to a carrier and they feel the need to take an additional break, they should call their supervisor and inform him/her that they are taking an additional break for recover from the heat. Carriers should take this break in the shade. When done, carriers should contact their supervisor to advise that they are resuming their duties...If carriers feel that the heat is getting to them, reach out before it is too late."

Carriers should never let management pressure or intimidate them into sacrificing their safety!

Please stay safe out there, and please take care of your health!

**Michael Wahlquist
President
Branch 111, NALC**

Save the date.

RETIREE'S DINNER

SEPTEMBER 22, 2021

12344 MINUTEMAN DRIVE

DRAPER, UTAH

CHUCK -A-RAMA

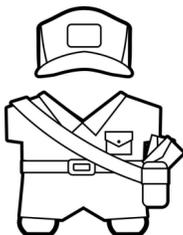
RETIRED MEMBER AND 1 GUEST PLEASE.

\$5000 and Counting

The Bowl-A-Thon event that was held in July was a tremendous success thanks to the hard work of our MDA coordinator, Jeremy Bailey, and the help of Mike Wahlquist and Steve Warren. I had the pleasure of attending the Bowl-A-Thon and was amazed by the support of the Letter Carriers, their families, Bonwood Bowl and their patrons that weren't even affiliated with the Post Office. Everyone's support and generosity was amazing. Overall the Branch raised \$5000 for the MDA. The bowling, food, and give away was fun for all and I can't wait to do it again. The \$5000 will surely be put to good use and help kids get to camp Kostopulos. Thanks again to all that supported.

In the past year we have been slowly experimenting with taking credit card payments for certain things like back dues and other small payments to the Branch. I am excited to say that the Bowl-A-Thon thrust us into using digital payment on a regular basis. Branch111.com currently has two payment portals up and running. One portal is for MDA donations and one for steak fry tickets. The MDA donation link can be reached by clicking on the "deliver the cure" picture or by clicking the "click here to donate" link on the home page. Steak fry tickets can be purchased by clicking the "donations, purchases, & payments" button in the menu on the left side of the home page. If you purchase steak fry tickets through the website please print a receipt or take a screenshot of your purchase so we can feed you. Other links for dues in arrears and calendars will be coming soon. The system works very smoothly and makes it easy to document the money coming in for our trustees. Anyone who wants to pay for things the traditional way is welcome to do so by contacting the Branch. Thanks again for all your support and I look forward to many more events in the future.

In Solidarity,
Mike Hansen
Executive Vice President
NALC Branch 111



Please bring any uniforms you may have that you'd be willing to donate.

We accept any uniforms in new or used condition, but please none in bad condition.

Uniforms Needed!

NALC HEALTH BENEFITS

Jimmy Kerekes

STRESSED?- Is there someone who is not?

When one has knowledge of something , many times but not always, it is easy to do whatever comes at you. The knowledge of any topic ,situation, or outside action that comes your way is helpful to engage and resolve. There is also effort and homework and preparation that is sometimes needed. There are unexpected surprises at times (hopefully not to many of those) ,but an assessment, if there is time for such, is a good starting point. Being slow to act is sometimes very helpful.

There exists what is called OPPOSITION .Many opposites exist. There is positive-negative, good-bad, sad-happy, joy-sorrow, wealthy-poor, beat yourself up- lift yourself up, etc... If it wasn't for this principle, we couldn't care for each other. It helps us get up when we fall down .To serve others, help others when they fall down.

Be thankful for those around you and forget ourselves a little more. If you feel comfortable expand your number of friends. Choose good things daily. Try to feel at the end of the day you can say (no worries), it was a good day .Nothing on my mind to worry about today. Take moments step by step as the day goes by.

I say all of these things, partly because how I've tried to handle stress. But that all of you don't already know these things and more it's just a reminder, and I felt I needed one too. Take care of yourself the best way you know how. Lots of confrontation in life and our jobs and elsewhere. Lets cut the hours of unhappiness in a day down a few hours.



In Memory of
Richard Lorenzon and Maricela Lorenzon
July 25, 2021.

Rick was a carrier in
Cottonwood on Route 16.

“I wasn’t thinking”

Nathan Chester

I’ve had the (*privilege*) of serving Branch 111 and the Bountiful carriers as shop steward pretty consistently for 15 years. I am an instructor at the CCA academy, I act as the safety “ambassador” or whatever it’s now called, and have served as a driver safety instructor as well.

I hate my job. But I also love it. Many know what I mean. I intensely dislike the USPS. It’s a monotonous job. We are expected to deal with extreme conditions on a daily basis. We are now subject to intense scrutiny for every minute of every day thanks to new technology that records our every move. Management is often underqualified, abusive, or simply ambivalent. USPS uses handbooks to hold us accountable for errors or performance, yet shows total disregard for those same manuals when it suits their purpose. We wear our body parts out doing our jobs repetitively each day, and when it’s time to file for workman’s compensation in order to fix our injuries, the USPS fights it and denies our claims. We earn sick leave, but then get threatened with “corrective action” when we use it. We are told to magically “cool off”, when it’s 90 degrees in the shade. We are given vehicles that are 30+ years old, weren’t made for the heat or the snow, and spend 7+ hours in them every day. The list can go on for eternity about the things I hate about the USPS.

Conversely, I love my job. I’ve got a nice house, one nice car, and two older vehicles. I have health benefits that are *mostly* affordable. I have a good balance in my TSP. I have a FERS annuity to look forward to. I get to be outside, move around. I don’t have to answer reports, emails, or listen to conference calls. I get to say “hi” to some very nice people. I have a relationship with the outdoors that many people no longer have. I get to look forward to the changing of the seasons. I get to experience an afternoon thunderstorm and white out blizzard conditions. I have 5 weeks of vacation, a salary that allows my family to live comfortably, and federal holidays paid days off. When I’m off the clock, I don’t think about my job. At all. I also get to participate in the most pure, important aspect of our job. I have the privilege to serve the American public for a living. At its most basic level, our job is to connect one American to another. It’s the United States Postal Service.

I always try to remember that. It’s why I take pride in delivering accurately, safely and efficiently. It occurs to me that I need to point out that most of the reasons why I love my job are due to the work of my brothers and sisters in the union. The union even awarded my daughter a college scholarship. I am most grateful for the courage and tenacity of those who fought to make my job what it is today. And those who continue to stand for all of us to make our job even better. Thank you for all of it. My entire family and probably even my future grandchildren are the beneficiaries of the efforts made by my union brothers and sisters, both past and present.

I consider it my privilege to honor the sacrifices and efforts that my brothers and sisters in the union made for me and my family. However, after all my years of experience- here's where I'm willing to take criticism- I need to get something off my chest. It occurs to me that there are many among us that disregard the difficult work that others have done to make our job better. Somewhere along the way, our union brothers and sisters sacrificed their time and money to earn the rights we have. They fought to ensure that we get paid for every minute we work and for our breaks and lunches and even the right to use the restroom (read about what Amazon workers deal with). Yet some of us skip our breaks and even work off the clock. They fought for the absolute right to work safely at all times. Yet some of us insist on cutting safety corners and put ourselves and others at risk. The union has even fought to ensure we deliver the mail in timely standards, yet some of us do things to delay the mail. The union fought for our ability to earn sick leave, yet some of us abuse that right- which causes all kinds of issues for us to fulfill our service to the public.

What I'm saying is that each of us needs to bear in mind our accountability. Not really to the USPS, but to the job. To the union. Our dues are hard earned. Each dollar collected by the union should be treated with the utmost respect. It's my opinion that I want every single dollar going towards negotiating a better work environment, better wages, better benefits, better everything. Yet so much of our efforts must necessarily go towards those among us who made a decision to disregard the efforts and sacrifices that our union brothers and sisters made for us. They decided to leave their truck running and had a runaway. They decided to drive without their seatbelt on. They decided to delay the mail or even steal the mail. I'm not faulting pure accidents or human errors. I consider those to be a good use of union efforts. But I do get very frustrated when it's a decision to disrespect the good union work that was done for us. To make matters worse, it's often the results of those decisions are passed on to our own brothers and sisters in the union. We ought to feel accountable to each other. We need to continue the fight to be the most professional carriers we can be so we get to serve the public in the future. Don't read what I'm not writing. It's called a union for a reason. We must be united in our efforts. Watching each other's backs and pulling together for the same causes. That's what I'm saying. Consider your actions and how it eventually may affect your union brothers and sisters. You all know someone like me in your offices. These people, like me, probably got frustrated with some particular thing and decided to get involved in order to attempt to have a positive influence on the work environment. I encourage all of you to do the same. The union provides many opportunities to become involved. I'm not a very good shop steward, but what I'm most proud of is that I've helped to create -in my opinion- as good of a working environment as I've seen during my time at the USPS. There are some who will disagree with me, and will disagree with this article. To those I say "get involved", try to affect whatever positive changes you think you can provide. Thanks for reading.

Yours in solidarity and gratitude,

Nathan Chester

Due to circumstances a July issue was not printed . July and August Meeting are both included in this issue .

NALC BRANCH 111

Minutes of the Regular Union Meeting

July 8, 2021

Convened at 6:30 pm

Pledge of Allegiance conducted by Mike Simonsen,

Moment of silence for retired carrier Kelby Burgon who passed away.

Roll Call by Steve McNees

SPECIAL GUEST: Sim Gill, Salt Lake County District Attorney

He spoke about the programs that have successfully reduced recidivism for those convicted of crimes and programs that are helping children of those in jail. He is asking for our voice, support, and engagement in the 2022 elections. He asked that the branch continue to endorse him.

Minutes of the June meeting were posted. Without objection, they will be filed for future reference.

Reading of the Communications by Steve McNees

• A list of branch delegates to the NALC Utah State Convention was sent to the State Association. • The Safety and Health Committee will be meeting on July 15th at 2:30pm. • The National Office will be holding a Virtual Conference for the Deaf and Hard of Hearing Members on August 8th at 2:00pm Eastern Time. The training is regarding employees' rights and management's obligation to provide accommodations for the deaf and hard of hearing. Registration begins July 12th and continues until August 8th. • A letter from National indicates that Farm Bureau Financial Services is to be considered a rival to our Mutual Benefits Association (MBA). We are not to allow them to advertise in our Pavement Pounder.

Application for Membership by Mike Hansen

Michael Gruver, Limasene Uiagalelei, Kaitlyn Ladwig, James Mason, Joseph Elwich, Christian Garcia, Nathan Fetter, Alexander McCampbell, Kyle Wu, Katelyn Rodriguez, Danielle Farley, Mason Wagner, Joel Chacon, Eamon Villa-Lobos, Lisa Gaffney, Carvel Harward, Nicholas Robinson.

Kyle Wu was sworn in as a member of the branch.

LCPF by Josh Thibodeau – not present

MDA COORDINATOR by Jeremy Bailey

• We had no activities for the MDA last year. • July 18th at noon there is a bowling tournament at the Bonwood Bowl (2500 S Main, SLC). It is \$25 per person (all proceeds go to the MDA). Food will be provided. • There will be an MDA raffle at the Steak Fry on Aug. 28th. • There was no MDA camp last year, so Jeremy wants to send two kids this year. • No Labor Day Picnic for MDA again this year.

DIRECTOR OF VETERAN AFFAIRS - Jimmy Fleming - Excused

LEGISLATIVE by Chad Mortensen

• The Postal Reform Act looks favourable to pass but we need to push our representatives by calling them to make sure it passes. The Utah Plan is part of the PRA (states can use postal facilities). Our calls can make this happen.

• Tomorrow is the Rocky Mountain Labor school. It is virtual. Next year it will be at the university of Utah. They will teach how other unions negotiate and enforce their contracts. We have a better system. • Karen Mayne will get our support again for her run for office next year. • We now have Ranked Choice voting in Utah. It is Much different. We need to vote for all candidates in the order we want them elected rather than just vote for the One we want.

TRUSTEES by Chad Mortensen

Did a partial audit last night (by himself). Everything looks up and up. • LCPF (voluntary union political fund) – does not affect your position in the union or USPS. It is totally voluntary and helps our political activities. Dues are not used for any political activities.

MBA, COMPENSATION by Bob Jewell

Please sign up with OWCP now, before you get injured. We can circumvent what supervisor could do if they complete the form for you. We can do it at the supervisor's desk (with your steward, not the supervisor). • CCAs are getting hurt in their first 90 days and managers are looking for other ways to fire them. They need our help and support. Call Bob for help.

HEALTH BENEFITS by Jim Kerekes

• The NALC App can help with your health benefits information. • OPM is requiring verification of all family members covered by their plans. Form usps24 is used to change plans during open season. OPM appears to be using it to obtain dependent information only. Call Jim if you have any questions on completing the forms. His number is on the back of the Pavement pounder.

SAFETY AND HEALTH by Justin Lindquist

• CCAs and others are working when they aren't feeling good but don't realize they are dehydrated. They need to immediately report it. • Make sure everyone gets water. Management should be providing water for everyone when you are on the street. • Fill out the form 1767 every time you have a safety issue. • CCAs can get hurt or hurt the public by going too fast. Help them learn how to be safe.

ORGANIZER by Justin Lindquist

• In the CCA training the last two weeks all new CCAs, in our branch, were signed up.

DIRECTOR OF RETIREES by Jeff Asay

• The Postal Reform bill will integrate Medicare more fully with Federal Health Benefits plans. It will save money for the USPS, our health plans and us. Talk to your representatives and senators. Write a letter, send an email, make a phone call. We need them to make this bill law. • There are 2 new plaques with every Gold Card (50 years of service) member's name on it in the office. • Wednesday, Sept 22nd from 3:30-5:30pm is the Retiree's dinner at the Chuck-a-Rama in Draper. It is free. • Retirees attending the Branch Steak Fry will be paid for by the retiree's budget. There may even be prizes just for retirees.

TREASURER by Mike Madsen – Excused (on Zoom)

VICE PRESIDENT by Amie Gallo - Excused

EXECUTIVE VICE PRESIDENT by Mike Hansen

• 1,226 grievances filed so far this year.

The Summer Party was fun. About 100 people attended. Thanked Jeremy Bailey and Mike Hansen for their work.

The branch Steak Fry is August 28th at Murray Park.

PRESIDENT by Mike Wahlquist

• The NALC State Convention is Aug 6-7th in Ogden. No rooms will be reserved, but travel and per diem will be paid both days for everyone who attends. It will be a full convention this year. Added Justin Lindquist, Mike Miller, AJ Clayburn. • Off-duty clerk, Masako Kenley, was shot and killed this week. Clerks have a go-fund-me page for her.

• Record heat is a major problem. Many are double casing and getting out late in the heat. If you aren't feeling good, stop and get help.

SPECIAL ORDERS:

The Executive Board passed a motion to pay Bob Jewell, \$90 for his phone bills. After discussion, a motion was made to pay the Branch OWCP Officer a \$90 stipend per month, every month. The motion passed. This is a budgetary issue affecting all officers and will remain in effect until a new budget is approved.

UNFINISHED BUSINESS: none

NEW BUSINESS: none

Motion to donate \$100 (check) directly to the family of Masako Kenley and let them know she was part of our postal family. The motion passed. It was mentioned that she was a great influence on the carriers that worked near her.

POI: Her children will be available for financial help from OPM to pay for their college if they ask.

GOOD OF THE ASSOCIATION:

Chad Mortensen was recognized for winning the Ed Mayne Award for outstanding service in the state.

FOR THE IMPROVEMENT OF THE SERVICE: none

DRAW AND ADJOURN – 7:57 pm

• \$25 drawing winners: Destiney Carrillo and Jeff Asay - checks to be mailed

• RETIREES – \$400 (Bob Jewell was present and WON). Next month it will be \$25

• PROGRESSIVE A - \$500 (Rebecca Ann Cresanto was not present). Next month it will be \$525.

• PROGRESSIVE B - \$150 (Lonnie Bird was not present). Next month it will be \$175.

NALC BRANCH 111
Minutes of the Regular Union Meeting
August 12, 2021

Convened at 6:41 pm

The meeting was also broadcast over Zoom for those unable to attend.

Pledge of Allegiance conducted by Mike Simonsen,

Moment of Silence for Richard Lorenzon who passed away.

Roll Call by Steve McNeas

Minutes of the June meeting were posted. Without objection, they will be filed for future reference.

Reading of the Communications by Steve McNeas

- From Mgr Cust. Services – Notice of route inspections in the Murray Post Office (routes 726, 729,731) from 8/9/21 through 8/14/21.
- Received the agenda and minutes of the July Labor/Management meeting.
- Letter of condolences to the family of Rick and Mari Lorenzo.
- Notices to installation heads to release carriers attending the August 6th – 7th NALC State Convention.
- Announcement of the October 17, 2021 Virtual 35th National Health Benefits Plan Seminar. Those invited are Branch officers who are enrolled in the plan.
- Notice of the Safety and Health meeting being changed to July 27th.
- From the Labor Dept: Letter explaining how the new claims for COVID-19 are being processed. The new plan makes it much easier. A new flyer is available on the NALC website (nalc.org).

Application for Membership by Mike Hansen

Jeron Tucker, James Goble, Danna-Lynn Hooper-Juario, Christopher Martinez

SPECIAL GUEST: Blake Perez– Running for SLC Council District 1

- He spoke about the issues in his district. He has lived in the community for 10 years. Started as a non-profit professional helping low-income families and youth. He was Transportation Planner for SLC for 4 years (curb side planner, etc). Served as the Community Chair for 4 years, and is currently Deputy Director for the Central Wasatch Commission. He would like to get into curb side management which affects our jobs. He supports the Inland Port as long as there is accountability, transparency, and local control (Salt Lake City).

LCPF by Josh Thibodeau – not present

MDA COORDINATOR by Jeremy Bailey

- The MDA Bowl-a-thon was a huge success bringing in \$5,050. It was the largest single event ever.
- The Steak Fry is Aug. 28th. There will be prize drawings for the MDA.

SPECIAL GUEST: Darren Mano – Running for SLC Council District 5

He was appointed to replaced Erin Mendenhall when she became Mayor. This is his 1st year running a campaign. He would like to advocate for better service downtown with a new Post Office. He would like to call our leaders when there are issues that would affect our members. He is endorsed by the Central Federation of Labor, AFL-CIO, Mayors Mendenhall and Wilson, and McAdams. He would like our support.

DIRECTOR OF VETERAN AFFAIRS - Jimmy Fleming

By Zoom – Veteran Recruitment Program – He asked Mike Wahlquist and Amie Gallo to discuss the program at a Labor/Management meeting including the postmaster. Management is in support of the program. It just needs the approval of Human Resources now.

LEGISLATIVE by Chad Mortensen

- Many candidates want to know our issues and get our support. We need to take an active role in the legislative field. We need to vote for those who support our issues (do they know our issues).

We have a list of those who are supported by the AFL-CIO and Central Fed.

Our job has been at the whim of congress. We cannot discuss politics on the workroom floor because of the Hatch Act.

Look in the Pavement Pounder and National newsletter for more legislative info. Call Chad to find out about those running. Stay active, stay engaged. This is not a party race. This is a service issue. It is about how we service our customers and how we maintain our livelihood and households.

TRUSTEES by Chad Mortensen

- They met last night. Everything came out okay.

MBA, COMPENSATION by Bob Jewell

- A carrier was hurt on the job. He got no help from management. He didn't contact Bob, and his claim was never accepted. His doctor told him not to work. Management put him on LWOP. On LWOP none of your benefits are paid. You lose your health benefits because they aren't being paid and you have to wait for open season to get insurance again. Get help early so Bob can help you with a claim. If your claim is accepted, you get your insurance and pay.
- People are losing benefits and jobs because they get hurt on the job and claims are not processed properly.

HEALTH BENEFITS by Jim Kerekes

- The current Postal Record has a lot of good information about health benefits. There is a history of the Hatch Act in the same issue.
- At CCA conversion stand-ups he tells them to read the M-39 and M-41 to learn their rights. Knowing your job and rights, helps with mental health.
- OPM is requiring a mandatory stand-up about OMP and requirements to report all family member.
- This year the Health Benefits Seminar will be virtual for branch offices who have NALC HB.

SAFETY AND HEALTH by Justin Lindquist – not present**ORGANIZER** by Justin Lindquist – not present**DIRECTOR OF RETIREES** by Jeff Asay

- CSR members are supposed to get about a 5% raise. FERS will only get about 3.5% but they also get Social Security which gets about a 6% raise. This is good!
- OPM log in: You should log in at least once a year. Set a reminder on your phone or calendar. That way you are set to go when you have a need.
- Steak Fry – all retirees get in free (paid by retiree funds). There will be some prizes (cash?) just for retirees.
- The Retirees' Dinner is Sept 22nd from 3:30-5:30 at the Draper Chuck-A-Rama. It is free for retiree and guest. Just show up. Pass the word to your retired friends. There will prizes there also.

TREASURER by Mike Madsen

Last month's income and expenses: Income was \$36,000 (including MDA funds). Expenses were \$40,919 (including quarterly payroll). Our account is \$7,000 to the good so far this year, well ahead of what was budgeted for this time.

VICE PRESIDENT by Amie Gallo – no report**EXECUTIVE VICE PRESIDENT** by Mike Hansen

- 1,437 grievances filed so far this year.
- Back pay may be coming around August 20th. Active carrier, at top pay, COLA is \$1,934 (.93/hour). Top wages should be over \$70,000 by the end of the year.

Swipe Simple is being used by the branch to accept credit card payments by those calling the branch. We have added links on our web page (branch111.com) to pay for activities (steak fry tickets), donate to MDA and pay for past dues.

Calendars can be purchased on the web soon.

Bowlathon thanked Jeremy Bailey, Steve Warren and Wahlquist for their help.

Mike Simonsen received the Letter Carrier of the Year Award at the State Convention last weekend.

PRESIDENT by Mike Wahlquist

- Richard Lorenzen (route 16 in Cottonwood) was in a car accident in a freak sand storm near Meadow, UT. He and his wife were both killed. There was a card to sign and donations of \$471 were received for the family.
- The Steak Fry is August 28th at 6pm. The Murray Park is under construction so we will be meeting at **Willow Pond Park Pavilion** at 6059 S Murray Parkway Ave next to Murray Parkway golf course (9th west). Jeremy Bailey is spearheading this activity.

SPECIAL ORDERS: none**UNFINISHED BUSINESS:** none**NEW BUSINESS:**

- There was a motion to cancel the November union meeting because it falls on Veterans Day. The motion passed.
- Chad would like us to endorse candidates who support our issues. We cannot donate money from branch funds (that is why we have LCFP).
- A motion to endorse Blake Perez for Salt Lake City Council District 1 was made. The motion passed.
- A motion to endorse Darin Mano for Salt Lake City Council District 5 was made. The motion passed.
- Sim Gill is running for Salt Lake County District Attorney again. A motion to endorse him was made. The motion passed.
- A motion to create a Standing Order that no money can be spent at Walmart was made. Amended to put in the Pavement pounder every month that we spend no union money at Walmart (amendment failed). Amendment to the amendment to make a list of places the union can shop (withdrawn). The motion and amendments were withdrawn because it was believed there was a Standing Order already.

GOOD OF THE ASSOCIATION: none**FOR THE IMPROVEMENT OF THE SERVICE:** none**DRAW AND ADJOURN** – 7:27 pm

- \$25 drawing winners: Russ Shosted, Troy Scherzinger
- RETIREES – \$25 (Narvel Scherzinger was not present). Next month it will be \$50
- PROGRESSIVE A - \$525 (Kirk McLaughlin **was present**). Next month it will be \$25.
- PROGRESSIVE B - \$175 (Rachel Jimenez was not present). Next month it will be \$200.

National Association of Letter Carriers
2261 South Redwood Road, Suite 14
Salt Lake City, Utah 84119

Non-Profit
U.S. Postage Paid
Salt Lake City, UT
Permit No. 1981

Address Service Requested

Keep on Delivering.

The financial records of Branch 111 are available to anyone by appointment and a monthly record is always available at Branch 111 monthly meeting.

PRESIDENT
Mike Wahlquist
EXEC. VICE PRES.
Mike Hansen
VICE-PRESIDENT
Amie B. Gallo
TREASURER
Mike Madsen
SECRETARY
Steve McNees
SGT-AT-ARMS
Mike Simonsen
MBA & OWCP
Bob Jewell
TRUSTEES
Chad Mortensen
Kirk McLaughlin
Destiney Carrillo
COLCPE COOR.
Josh Thibodeau

The
“Pavement Pounder”
is the Official Publication of
Branch 111 NALC
the
“Wasatch Branch”

Phone (801) 973-6705

Fax (801) 973-6723

LEGISLATIVE
Chad Mortensen
HEALTH BENEFITS
Jim Kerekes
801-557-6033
DIRECTOR OF
RETIREES
Jeff Asay
801-597-2380
PAVEMENT POUNDER
EDITOR
Steve Warren
SAFETY & HEALTH
Justing Lindquist
ORGANIZER
Justin Lindquist
FOOD DRIVE
Josh Jessop
MDA
Jeremy Bailey
DIR.VETERAN
AFFAIRS
Jimmy Fleming